UNDERSTANDING ROADBLOCKS TO RECOVERY

Presented by the Mississippi Association of Recovering Pharmacists
August 19-20, 2017
Trotter Convention Center, Lower Level
402 2nd Street South Columbus, MS. 39701

Saturday, August 19, 2017

8:00-9:00 Registration and Breakfast
8:00-9:00 Welcome and intro to first Speaker
Don Comfort, President, MARP

9:00-9:10 Explanation of the Facilities and Scheduled Activities of the Day
Jerry Fortenberry, MARP Seminar Coordinator

Lisa Frederiksen, Author

10:30-11:30 Using 21st Century Brain Research to Explain Brain Mapping Around Stress and its Physical Manifestations Part II
Lisa Frederiksen, Author

11:30-12:00 Update from the Board of Pharmacy
Cheri Atwood, MS Board of Pharmacy

12:00-1:00 Lunch

1:00-2:15 Aces, Addiction & the Secondhand Drugging Connection Part I
Lisa Frederiksen, Author

2:15-2:30 Break

2:30-4:30 Aces, Addiction & the Secondhand Drugging Connection Part II
Lisa Frederiksen, Author

Sunday, August 20, 2017

8:00-8:40 Breakfast
8:40-8:45 Welcome and intro to first Speaker
Don Comfort, President, MARP

8:45-10:15 Common Causes of Relapse for Health Care Professionals
Dr. Michael W. Wilkerson, MD, Bradford Health Services

10:15-10:30 Break

10:30-12:00 Grief Workshop
Maggie Banger, M.Ed, LPC, Bradford Health Services

Using 21st Century Brain Research to Explain Brain Mapping Around Stress and its Physical Manifestations Part I
Lisa Frederiksen, Author
APCE: 0032-9999-17-010-L04-P/T  2.0 contact hours (0.2ceu)
Target audience - Pharmacists, pharmacy technicians
A knowledge-based continuing education activity
At the conclusion of this session, participants will be able to:
1. Incorporate 21st Century brain science and related information to understand brain wiring. (P/T)
2. List stress-provoking emotions. (P/T)
3. List the physical manifestations that can occur when stress is chronic. (P/T)

Using 21st Century Brain Research to Explain Brain Mapping Around Stress and its Physical Manifestations Part II
Lisa Frederiksen, Author
APCE: 0032-9999-17-010-L04-P/T  2.0 contact hours (0.2ceu)
Target audience - Pharmacists, pharmacy technicians
A knowledge-based continuing education activity
At the conclusion of this session, participants will be able to:
1. Discuss the ways movement and aerobic exercise capabilities can have a profound impact on pain relief. (P/T)
2. Prioritize the connection between movement and unwiring in an unhealthy brain. (P/T)
3. Discuss how brain mapping of pain medications can be the answer to chronic pain and the connection between a person developing an addiction to pain medications. (P/T)

Update from the Board of Pharmacy
Cheri Atwood, Mississippi Board of Pharmacy
APCE: 0032-9999-17-011-L03-P/T  .5 contact hours (.05ceu)
Target audience - Pharmacists, pharmacy technicians
A knowledge-based continuing education activity
At the conclusion of this session, participants will be able to:
1. Translate the revision for USP 795 and USP 797 for pharmacists/pharmacy techs. (P/T)
2. Diagram how pharmacists/pharmacy techs become compliant with the USP 795 and 797 Revisions. (P/T)

Aces, Addiction and the Secondhand Drinking/Secondhand Drugging Connection, Part I
Lisa Frederiksen, Author
APCE: 0032-9999-17-012-L04-P/T  3.25 contact hours (0.325ceu)
Target audience - Pharmacists, pharmacy technicians
A knowledge-based continuing education activity
At the conclusion of this session, participants will be able to:
1. List the basics of neutral network and brain mapping. (P/T)
2. Describe the relationship between secondhand drinking and stress. (P/T)
3. Illustrate the profound discoveries about toxic stress and childhood trauma. (P/T)
4. Demonstrate how mental disorders and genetics have such a profound impact on the development of addiction. (P/T)

Aces, Addiction and the Secondhand Drinking/Secondhand Drugging Connection, Part II
Lisa Frederiksen, Author
APCE: 0032-9999-17-012-L04-P/T  3.25 contact hours (0.325ceu)
Target audience - Pharmacists, pharmacy technicians
A knowledge-based continuing education activity
At the conclusion of this session, participants will be able to:
1. Describe the role nutrition, exercise, sleep and mindfulness practices play in treating addiction. (P/T)
2. Define the SHD-Stress related impacts. (P/T)
3. Appraise ACE change in brain wiring. (P/T)

Saturday CE contact hours total is 5.75

Common Causes of Relapse for Health Care Professionals
Dr. Michael W. Wilkerson MD, Bradford Health Services
APCE: 0032-9999-17-013-L04-P/T  1.5 contact hours (.15ceu)
Target audience - Pharmacists, pharmacy technicians
A knowledge-based continuing education activity
At the conclusion of this session, participants will be able to:
1. Cite the three stages of relapse. (P/T)
2. List tools used to combat relapse. (P/T)
3. Categorize the signs of emotional relapse. (P/T)
4. Tell about “Self Care.” (P/T)

Grief Workshop
Maggie Banger, M.Ed.LPC, Bradford Health Services
APCE: 0032-9999-17-014-L04-P/T  1.5 contact hours (.15ceu)
Target audience - Pharmacists, pharmacy technicians
A knowledge-based continuing education activity
At the conclusion of this session, participants will be able to:
1. Differentiate between grief and loss. (P/T)
2. Name the types of losses. (P/T)
3. List specific tools for coping with loss. (P/T)
4. Analyze how coping with loss relates to maintaining long-term sobriety. (P/T)

Sunday CE contact hours total is 3.0

The University of Mississippi is accredited by the Accreditation Council for Pharmacy Education as providers of continuing pharmacy education. This knowledge-based continuing education activity is approved for continuing pharmacy education credit. To successfully complete this activity and receive credit a participant must be registered, attend the sessions in entirety, and complete a post-session evaluation. Statement of continuing education for participants will be posted to the MyCPE website within 60 days of the program date.
Fee for the seminar is $225.00 if paid by July 31st or $250.00 after August 1st
(Breakfast served Sat. & Sun. Lunch served Sat.) NO REFUNDS

Name__________________________________________________________________________

Address _________________________________________________________________________

City, State, Zip __________________________________________________________________

Phone ___________________________ (Daytime, please)

Pharmacy License # and State ______________________________________________________

Email address ____________________________________________________________________

Make check payable to:

MARP
77 deer Run
Columbus, MS 39705

We accept Amer Express, Visa, Mastercard, and Discover cards. We will need your card number, expiration date, security code, name as it appears on the card, billing zip code and your phone number if we have any questions. Please provide an e-mail if you want the receipt sent to you by e-mail or a mobile phone number if you want a receipt by text. Thank you. Jerry Fortenberry
601-937-1672